



## Youth Mental Health First Aid: Programme Timetable

	Youth MHFA Day 1	Youth MHFA Day 2	Network Session 1	Network Session 2
<b>Cohort 3</b>	1 <sup>st</sup> November 2021	5 <sup>th</sup> November 2021	23 <sup>rd</sup> November 2021	14 <sup>th</sup> December 2021
<b>Cohort 4</b>	15 <sup>th</sup> November 2021	19 <sup>th</sup> November 2021	13 <sup>th</sup> December 2021	10 <sup>th</sup> January 2022
<b>Cohort 5</b>	8 <sup>th</sup> December 2021	13 <sup>th</sup> December 2021	11 <sup>th</sup> January 2022	1 <sup>st</sup> February 2022
<b>Cohort 6</b>	17 <sup>th</sup> January 2022	24 <sup>th</sup> January 2022	9 <sup>th</sup> February 2022	23 <sup>rd</sup> February 2022
<b>Cohort 7</b>	7 <sup>th</sup> February 2022	11 <sup>th</sup> February 2022	2 <sup>nd</sup> March 2022	23 <sup>rd</sup> March 2022
<b>Cohort 8</b>	21 <sup>st</sup> March 2022	28 <sup>th</sup> March 2022	5 <sup>th</sup> April 2022	26 <sup>th</sup> April 2022
<b>Cohort 9</b>	26 <sup>th</sup> April 2022	3 <sup>rd</sup> May 2022	18 <sup>th</sup> May 2022	1 <sup>st</sup> June 2022
<b>Cohort 10</b>	18 <sup>th</sup> May 2022	25 <sup>th</sup> May 2022	8 <sup>th</sup> June 2022	29 <sup>th</sup> June 2022
<b>Cohort 11</b>	16 <sup>th</sup> June 2022	23 <sup>rd</sup> June 2022	13 <sup>th</sup> September 2022	27 <sup>th</sup> September 2022
<b>Cohort 12</b>	29 <sup>th</sup> June 2022	6 <sup>th</sup> July 2022		
<b>Cohort 13</b>	12 <sup>th</sup> September 2022	19 <sup>th</sup> September 2022	10 <sup>th</sup> October 2022	1 <sup>st</sup> November 2022
<b>Cohort 14</b>	3 <sup>rd</sup> October 2022	7 <sup>th</sup> October 2022	7 <sup>th</sup> November 2022	28 <sup>th</sup> November 2022