

Each cohort of the Youth MHFA Programme will be delivered across 6-8 weeks

The 2-day training will be split over two full-day sessions and will be delivered by two experienced MHFA England Trainers. Full attendance across both days is required to achieve MHFA Youth First-Aider status.

2 x full-day sessions across 1 to 2 weeks

Delivered by a MHFA Trainer and a LHSP Officer. See full programme for details.

Mandatory attendance is required to be eligible for the HS Plus Award in Youth MHFA.

1 x 1.75-hour session

Following the Youth MHFA Network Session, you will be asked to complete and return a case study template to the LHSP Team.

15 minutes

This programme has been made available to schools completely free of charge, we would like to continue providing programmes and to do that, we need to demonstrate their value to schools in Leicestershire & Rutland. Mandatory completion is required to be eligible for the HS Plus Award in Youth

<5 Minutes



Requests to join a Youth MHFA Cohort will be reviewed the LHSP Team and all places will be allocated on a first-come first-served basis. A maximum of 2 places per school on each cohort.

Successful completion of the Youth MHFA Programme will be verified by each MHFA England Trainer and the LHSP Audit Team before