



## A new programme of mental health and wellbeing support for Leicestershire schools in 2022-23

As we start the new academic year, mental health and wellbeing continues to be a priority for Leicestershire educational settings. The prevalence and impact of mental health and wellbeing problems continues to be far-reaching particularly in response to Covid and the ongoing cost of living crisis. Schools have a unique and important part to play in supporting the mental health and wellbeing of their staff, students, and other members of the school community.

Using resource provided by the Department for Education, Leicestershire County Council and the Leicestershire Healthy Schools Programme have commissioned long-standing partner Billson Consulting Ltd to coordinate and deliver a new programme of support for 2022-23 academic year. This programme will build on the previous years' well-received Wellbeing for Education Return and Wellbeing for Education Recovery programmes, known as Wellbeing for Education Leicestershire.

All sessions and resources are **FREE** to access for Leicestershire schools.



All sessions can be booked on through Eventbrite and are delivered over Zoom (accessible on a web browser).



Sign up to our mailing list or follow our Eventbrite organiser page to hear from us as new sessions are announced!



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