

Supporting the Health of Young People in Leicestershire

A summary report of the Health Related Behaviour Survey 2023

These results were collected from a sample of primary pupils aged 8 to 11 and secondary pupils aged 12 to 15 in Leicestershire in the summer term 2023. This work was co-ordinated by Leicestershire Councils Public Health Team as a way of collecting robust information about young people's lifestyles and will be used to improve health outcomes for Children and Young People in Leicestershire.

Teachers were informed on how to collect the most reliable data and then pupils completed a

version of the questionnaire appropriate for their age group.

Year 4, 5 and 6 pupils completed the primary version of the questionnaire. Pupils in Years 8 and 10 completed the secondary version of the questionnaire. All were undertaken anonymously.

Schools were given the choice of using online or paper-based questionnaires.

In 2023, a total of 3106 pupils took part in 20 primary schools and 7 secondary schools in Leicestershire.

Comparison figures

The 2023 figures are compared with previous survey data, shown in parenthesis (2021/2) throughout this report.

Cross-phase links

Many of the questions in each version of the questionnaire are identical or very similar. Some of the results of these questions are presented on pages 6 and 7 of this document, so that behaviour can be seen across the age range.

3,106 young people were involved in the survey:

School Year	Year 4	Year 5	Year 6	Year 8	Year 10	Total
Age	8-9	9-10	10-11	12-13	14-15	
Boys	261	162	333	386	434	1576
Girls	278	157	285	351	392	1463
Total	545	319	626	760	856	3106*

*67 pupils didn't select male or female.

Topics include

Citizenship and School

Emotional Health and Wellbeing

Relationships and Sexual Health

Puberty and Growing Up

Drugs, Drinking and Smoking

Being Healthy

Staying Safe

Physical Activity and Leisure

Results from the Online Safety Survey of Year 6 and Year 9 pupils conducted by Leicestershire County Council in February 2023 are included in this summary report, see pages 3 and 5.

For more details please contact The Schools Health Education Unit Tel. (01392 667272).

Leicestershire primary school pupils in Year 4 - Year 6 (ages 8 - 11)

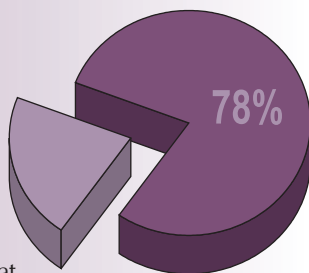
CITIZENSHIP

Background

- 70% (69%) of pupils described themselves as White British. 5% (7%) described themselves as Asian, 3% (3%) as Mixed, 3% (4%) as other white and 10% (10%) didn't know.
- 69% (70%) live with both parents together, 12% (11%) live with just mum and 8% (8%) are shared between mum and dad.

SCHOOL

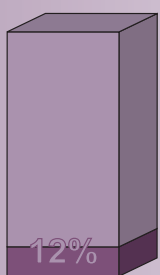
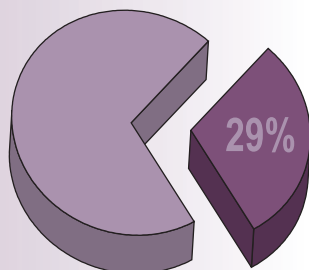
- 78% (83%) of Year 6 pupils said that their school prepares them for when they leave their school.**
- 51% (51%) of Year 6 pupils said that their school helps them to take part in community events.
- 71% (74%) of Year 6 pupils said that in their school people with different backgrounds are valued.
- 51% (54%) of pupils said that they felt their views and opinions were listened to in their school. 26% (19%) said they thought their views made a difference to how their school is run.



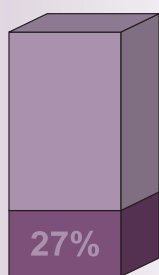
EMOTIONAL HEALTH & WELLBEING

Bullying

- 29% (27%) said they had been bullied at or near school in the last 12 months.**
- 43% (47%) of pupils said their school has a plan to stop bullying and it is either 'quite' or 'very helpful'.
- 69% (72%) of pupils said their school always does something if bullying happens (this is 'quite' or 'very helpful').
- The most common negative behaviour experienced by boys was being pushed or hit: 44% (46%) and for girls, it was being left out: 62% (60%) (these pupils experienced these negative behaviours at least 'once a month').
- 12% (11%) of pupils reported that they felt afraid to go to school because of bullying, 'often' or 'very often'. 27% (31%) said 'sometimes'.**



Often' or 'very often'

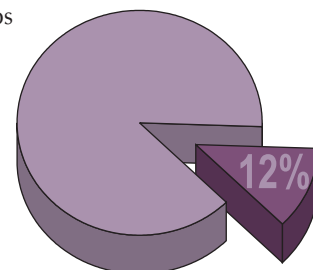
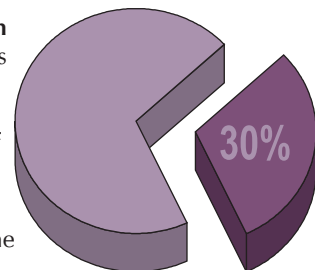


'Sometimes'

- 28% (28%) of Y6 girls said they had been bullied because of the way they looked 16% (18%) of Y6 boys said the same). 14% (13%) said they were bullied because of their size or weight. 8% (8%) said because of the clothes they wear.
- 6% (6%) thought they were bullied because of their colour, ethnicity, religion/beliefs or the way they speak.
- 3% (4%) of pupils reported that they thought others might fear going to school because of them.

Self-esteem and worries

- 30% (31%) of pupils had high self-esteem scores.** More boys have a high self-esteem than girls: 39% (42%) of Y6 boys compared with 33% (26%) of Y6 girls.
- 85% (85%) of pupils said they worried about at least one of the items listed in the questionnaire. 48% (48%) worried about the health of someone in their family, 48% (43%) about the environment and 40% (37%) about the future.
- 30% (28%) of pupils worried about how their body changes as they grow up and 29% (26%) of pupils worried about their health.
- 27% (30%) of pupils worried about school-work problems/exams/tests.
- 30% (32%) of Year 6 boys and 34% (41%) of Year 6 girls would like to lose weight.
- 31% (29%) of Year 6 pupils reported that worry sometimes stops them from concentrating on or enjoying other things.
- 12% (15%) of Year 6 pupils said they find it hard to concentrate on or enjoy anything because of worries.**



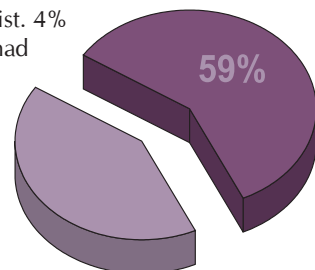
- 60% (59%) of pupils said when they have a problem or feel stressed, they talk to someone in their family about it; 24% (27%) said they would keep it to themselves.

Resilience

- 57% (57%) of pupils said that if something goes wrong, they 'usually' or 'always' learn from it for next time.
- 69% (69%) of pupils said that if they don't succeed at something, they 'usually' or 'always' keep on trying until they do.
- 29% (30%) of pupils have a high composite resilience score although the score for Year 6 girls is lower than all other groups: 21% (24%) of Year 6 girls have a high resilience score compared with 31% (34%) of Year 6 boys.

DENTIST

- 26% (31%) of pupils can't remember the last time they visited the dentist. 4% (2%) of pupils reported they had never been to the dentist.
- 59% (46%) of pupils had visited the dentist within the past 6 months.**



DRUGS, DRINKING AND SMOKING

(Year 6 only questions)

Drugs

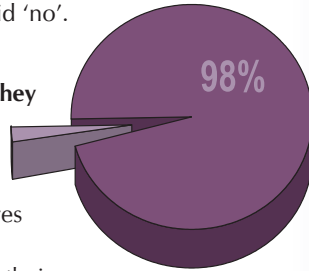
- 58% (67%) of Year 6 pupils reported that their parents had talked with them about illegal drugs. 82% (79%) said their teachers had.
- 14% (13%) of Year 6 pupils said that they are 'fairly sure' or 'certain' they know someone personally who uses drugs, not as medicines.
- 2% (2%) of Year 6 pupils said that they had been offered drugs (not alcohol, tobacco or as medicines).

Drinking

- 74% (78%) of pupils said they have never had an alcoholic drink.
- 3% (2%) of Year 6 pupils said they had an alcoholic drink (more than just a sip) in the week before the survey.
- When asked if their parents knew about it, 11% (10%) said 'yes', 0% (1%) said 'no'.

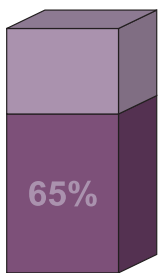
Smoking

- 98% (98%) of Year 6 pupils said they have never smoked at all.**
- 84% (87%) of pupils think they won't smoke when they are older, 16% (13%) said maybe or yes they will.
- 35% (28%) of pupils reported that their parents/carers smoke. 11% (8%) said someone smokes at home indoors in rooms that they use and 13% (9%) said someone smokes in a car when they are in it too.

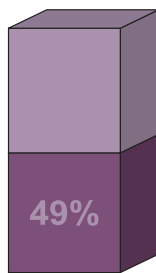


LEISURE AND PHYSICAL ACTIVITY

- 53% (62%) of pupils said they spent time watching television after school on the day before the survey, 36% (43%) read a book for enjoyment and 31% (34%) met with friends.
- 79% (86%) of Year 6 boys and 63% (69%) of Year 6 girls played computer games the night before the survey.
- 74% (76%) of pupils reported that they like PE/Games lessons at school 'quite a lot or a lot'.
- 65% (61%) of Year 6 boys and 49% (51%) of Year 6 girls reported that they took part in hard exercise on at least 5 days in the previous week.**



Year 6 Boys



Year 6 Girls

- The top five physical activities for primary pupils were:

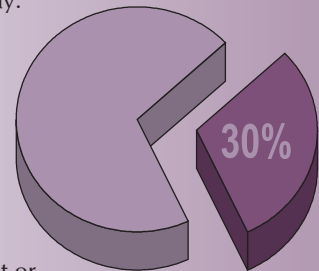
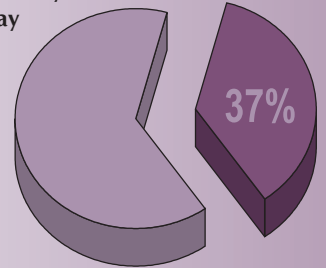
Boys	Girls		
Keep-fit	61%	Keep-fit	59%
Football	60%	Running (races or tag)	55%
Running (races or tag)	60%	Going for walks	54%
Going for walks	49%	Gymnastics /trampolining	40%
Going to a park or playground	42%	Swimming	40%

PUBERTY AND GROWING UP

- 84% (86%) of Year 6 pupils said their parents had talked with them about how their body changes as they grow up.
- 89% (87%) of Year 6 pupils said their teachers had talked with them about how their body changes as they grow up.
- 70% (70%) of Year 6 pupils said that they felt they knew enough about how their body changes as they grow up.

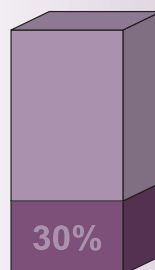
INTERNET Results from the Online Safety Survey of 4583 Year 6 pupils conducted by Leicestershire County Council in February 2023

- 37% of Year 6 pupils said that they spend more than 4 hours a day at home using the Internet (not schoolwork)** 2% of pupils reported that they don't do this.
- 88% of Year 6 pupils said that they have a phone or tablet that they use to take photos or videos.
- 71% of Year 6 pupils said that they video chat with friends or relatives, 3% said they do this with new people they meet online.
- 39% said they used livestreaming apps. When asked what they used, YouTube live (70%) and Roblox (61%) and TikTok (58%) were the most popular.
- 75% of pupils said that they had their own social network profile (e.g. Snapchat, Instagram, WhatsApp etc.) 90% said they knew how to set the privacy settings.
- 53% of pupils said that they follow social media influencers. The top reason for following them was 'they make me laugh' (79%). 58% said they share their interests and hobbies and 44% said they give them ideas about things to do. 16% said they promote things they may want to buy.
- 90% of pupils play console/computer games. 26% said that they play for more than 4 hours a day. 47% of pupils said that they talk to people they don't know while playing computer games.
- 30% of pupils have seen something online that made them feel unsafe or uncomfortable.**

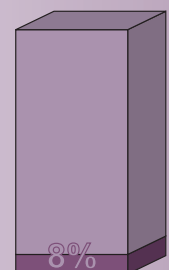


HEALTHY EATING

- 7% (7%) of pupils had nothing to eat or drink before lessons on the morning of the survey. 82% (83%) of pupils had something to eat or drink at home; 19% (17%) reported having something at school.
- 79% (78%) of pupils drink water on most days/every day and 39% (34%) of pupils drank at least one litre of water the day before the survey. 96% (96%) of pupils said they can get water at school. 8% (8%) of pupils reported drinking no water on the day before the survey.
- 30% (34%) of pupils had eaten 5 or more portions of fruit and vegetables on the day before the survey. 8% (7%) had eaten none (10% (9%) of Y4 boys).**



5 + portions



None

Leicestershire secondary school pupils in Year 8 and Year 10 (ages 12 - 15)

CITIZENSHIP AND SCHOOL

- 57% (62%) of pupils described themselves as White British.
- 65% (70%) live with 'mum and dad together', 16% (12%) said 'mainly or only with mum', 6% (7%) said they live with 'mum and dad shared'.

EMOTIONAL HEALTH AND WELLBEING

Happiness

- 58% (55%) of boys and 38% (35%) of girls responded that they feel at least 'quite' happy with their life at the moment.
- 8% (5%) of boys and 9% (9%) of girls responded that they are 'not at all' happy with their life at the moment.

Self-esteem

- 26% (28%) of pupils had high self-esteem scores; 10% (8%) of pupils had low self-esteem scores.**
- 59% (63%) of pupils responded that they feel happy talking to other pupils at school.

Worrying

- The main worries for Year 8 and Year 10 pupils included:**

	Boys	Girls
Career/future	41%	School-work problems/exams/tests 53%
The health of someone in your family	41%	The way you look 50%
Family problems	31%	Career/future 50%
School-work problems/exams/tests	27%	The health of someone in your family 46%
The way you look	24%	Feeling sad or upset a lot of the time 44%

- 81% (83%) of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
- 25% (28%) of boys and 46% (49%) of girls responded that they worry about more than 5 of the issues listed 'quite a lot' or 'a lot'.

Problem solving

- 37% (39%) of pupils responded that they talk to someone in their family if they have a problem or feel stressed, while 37% (33%) said they do nothing.
- 33% (37%) of pupils responded that they talk to a friend at school if they have a problem or feel stressed, while 39% (40%) said they think about it on their own.

Self harm

- 11% (18%) of Year 10 girls responded that they would cut or hurt themselves if they have a problem or feel stressed; 17% (10%) of Year 8 girls said the same.

RELATIONSHIPS AND SEXUAL HEALTH

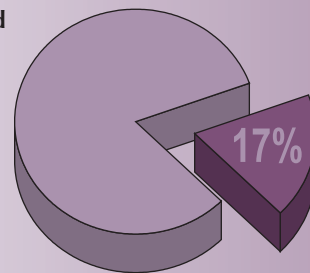
- When somebody wants them to do something they don't want to do, 50% (48%) of pupils said they could 'usually or always' say 'no'. 18% (17%) said they were 'rarely' or 'never' able to say 'no'.
- Sexual orientation: 87% (80%) of pupils responded that they are straight/heterosexual, while 2% (2%) said they are gay/lesbian and 6% (8%) said that they are bisexual.

- 30% (27%) of Year 10 pupils responded that they know where to get emergency contraception
- 14% (14%) of Year 10 pupils said they are currently in or have had a sexual relationship in the past.
- 8% (7%) of Year 10 pupils responded that they have had sex and always used a method of protection or contraception.
- 38% (33%) of pupils [47% (45%) of Year 10 boys] said that they know where to get condoms free of charge.

DRUGS, DRINKING & SMOKING

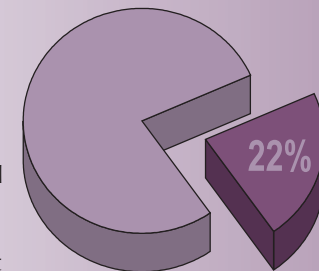
Drugs

- 17% (18%) of pupils responded that they have been offered illegal drugs or new psychoactive substances.**
- 4% (5%) of pupils responded that they have taken illegal drugs or new psychoactive substances.
- 7% (8%) of Year 10 pupils had taken cannabis at some point.
- 21% (18%) of pupils responded that they have been concerned about the drug use of a friend.
- 6% (6%) of boys and 5% (7%) of girls responded that they have been asked to look after or carry drugs for someone else.



Drinking

- 22% (23%) of pupils said that they have drunk alcohol in the last 7 days.**
- 15% (16%) of pupils responded that their parents/carers give alcohol to them or buy it for them, 8% (10%) said they got it from a friend or relative and 10% (9%) said they buy/get it at parties.
- 10% (10%) of pupils responded that they have been unable to remember things they did whilst drunk in the last Year as a result of drinking alcohol; while 2% (2%) said they had unplanned sexual activity, 5% (6%) said they had an argument with someone and 86% (88%) said none of these happened.



Smoking and vaping

- 89% (90%) of pupils have never smoked.
- 69% (73%) of pupils said that no-one ever smokes at home; 23% (20%) said that smoking happens only outside; 5% (4%) said that smoking happens only in certain rooms and 3% (2%) said smoking happens anywhere.
- 73% (77%) of pupils said they had never used an e-cigarette (vaped).
- 13% (12%) of pupils responded that they have only tried vaping once or twice.

Gambling

- 15% of pupils said that they have used their own money for gambling in the last 12 months.
- 4% said that in the last 12 months they have needed to gamble with more and more money to get the amount of excitement they wanted at least 'once or twice'.
- 3% of boys are 'at risk gamblers' according to the Diagnostic and Statistical Manual of Mental Disorders, 4th Edition (DSM-IV) as developed by Dr S. Fisher, 2000. 1% record levels of 'problem' gambling.

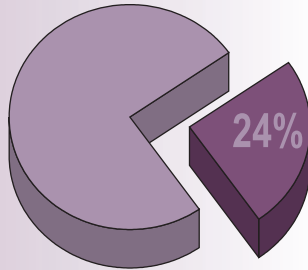
BEING HEALTHY

Drinks

- 83% (86%) of pupils responded that they drink water 'on most days/every day'; 17% (18%) said the same of fruit juice/smoothies.
- 59% (67%) of pupils responded that they 'rarely or never' drink energy drinks (e.g. Monster, Red Bull); 31% (34%) said that they 'rarely or never' drink sugar free or diet drinks (e.g. Diet Coke).

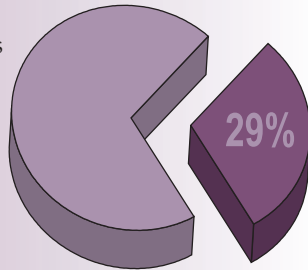
Breakfast

- 24% (24%) of pupils responded that they had nothing at all to eat or drink before lessons on the day of the survey.**
- 65% (67%) said they had something to eat or drink at home, 8% (8%) had something on the way to school and 13% (11%) had something at school.



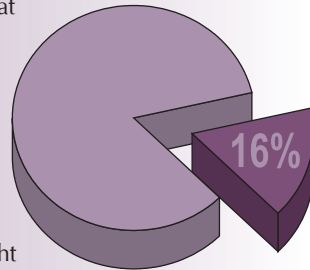
Appearance/body image

- 28% (24%) of pupils responded that they either 'like' or 'love' the way they look.
- 23% (24%) of boys and 44% (40%) of girls responded that comments/attitudes of other people at school are one of the main things that affect the way they feel about their appearance.
- 25% (25%) of pupils responded that comments of friends are one of the main things that affect the way they feel about their appearance; 64% (61%) of pupils responded 'just me'.
- 29% (44%) of Year 10 girls responded that they either 'don't like' or 'hate' the way they look; 15% (18%) of Year 10 boys said the same.**



Sleeping patterns

- 45% (50%) of pupils responded that they got at least 8 hours sleep the night before the survey.
- 16% (14%) of pupils responded that they got less than 6 hours sleep the night before the survey.**
- 27% (26%) of pupils responded that they didn't go to sleep soon after going to bed the previous night because they were playing on a tablet or phone.
- 54% (62%) of pupils responded that the amount of sleep they normally get is enough for them to stay alert and concentrate on their school work, while 16% (13%) said it isn't enough.



STAYING SAFE

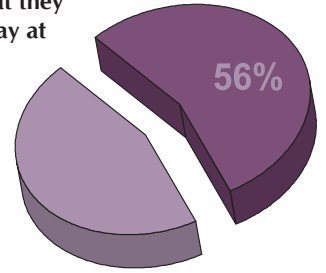
Feeling safe

- 23% (24%) of pupils rated their safety when going out after dark in their area as 'poor' or 'very poor'; 5% (5%) said this when going out during the day.
- 80% (80%) rated their safety when going out during the day in their area as 'good' or 'very good'.
- 65% (76%) of pupils rated their safety at school as 'good' or 'very good', 72% (76%) said this about their journey to and from school.

Internet Safety

Results from the Online Safety Survey of 1797 Year 9 pupils conducted by Leicestershire County Council in February 2023

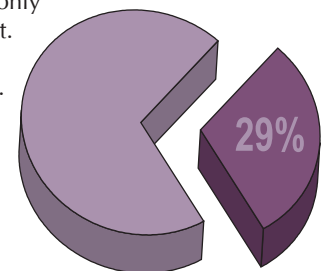
- 56% of Year 9 pupils said that they spend more than 4 hours a day at home using the Internet (not schoolwork)** 1% of pupils reported that they don't do this.
- 92% of Year 9 pupils said that they have a phone or tablet that they use to take photos or videos.
- 72% of Year 9 pupils said that they video chat with friends or relatives, 5% said they do this with new people they meet online.



The top five games and apps in 2023:

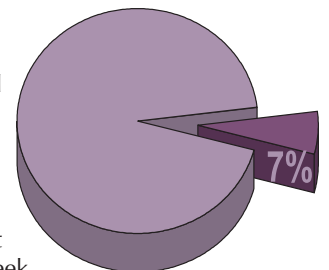
	Boys		Girls	
WhatsApp	90%	WhatsApp	94%	
YouTube	89%	Snapchat	87%	
Snapchat	78%	TikTok	83%	
TikTok	75%	YouTube	77%	
Minecraft	65%	Instagram	76%	

- 35% said they used livestreaming apps. When asked what they used, TikTok (77%), YouTube live (52%) and Twitch (42%) were the most popular.
- Of those who used livestreaming, 31% said it was just to friends and family, 24% said it was to everyone.
- 72% of pupils said that they follow social media influencers. The top reason for following them was 'they make me laugh' (79%). 69% said they share their interests and hobbies and 40% said they give them ideas about things to do. 26% said they promote things they may want to buy.
- 74% of pupils play console/computer games. 31% said that they play for more than 4 hours a day. 67% of pupils said that they talk to people they don't know while playing computer games.
- 12% of pupils said that they have arranged to meet up face-to-face with someone who they only knew before as an online contact. Of these, 47% said that they went to meet them on their own.
- 29% of pupils said they have been threatened, insulted or harassed online or via a phone app.**



PHYSICAL ACTIVITY

- 7% (8%) of pupils responded that they didn't exercise enough to breathe harder and faster at all in the week before the survey.**
- 55% (53%) of the Year 10 boys exercised enough to breathe harder and faster on at least 4 days in the previous week compared with 30% (30%) of the Year 10 girls.
- 19% (18%) of pupils responded that they do not do as much exercise or sport as they want because they are shy in front of others, 14% (14%) said they were uncomfortable about their looks.



Pyramid data: Questions included in both the primary and secondary versions of the questionnaire

Cross-phase data

The following is a selection of data relating to the set of questions found in the primary and secondary versions of the questionnaire. It is always interesting to see how young people change as they grow up.

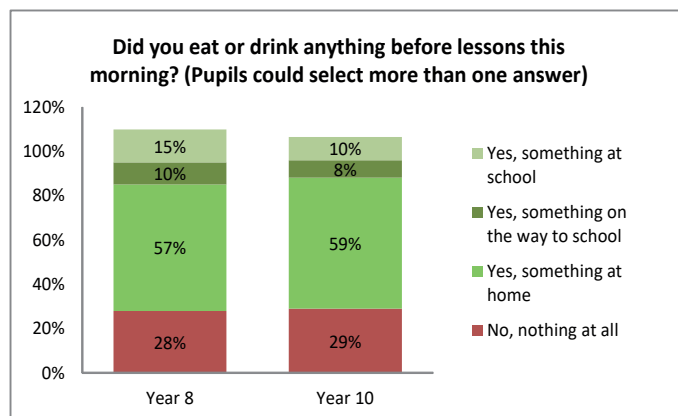
BEING HEALTHY

Water

- The proportion of primary and secondary pupils who reported drinking water 'on most days' or 'every day' is consistently high across the age range: 82% (80%) of Year 6 pupils and 81% (85%) of Year 8 and 85% (86%) of Year 10 pupils.

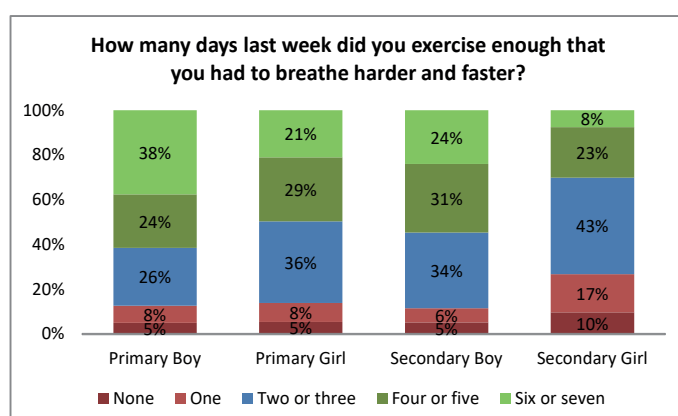
Breakfast

- There is an upward trend for all pupils particularly girls who reported having 'nothing at all' to eat or drink before lessons on the morning of the survey: 7% (10%) of Year 6 girls, 28% (25%) of Year 8 girls and 29% (35%) of Year 10 girls.



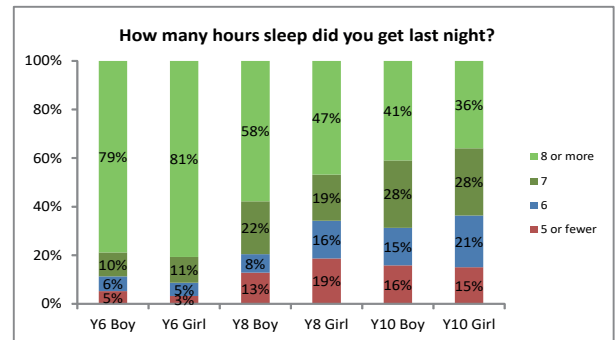
PHYSICAL ACTIVITY

- 55% (54%) of primary pupils said that they exercised hard at least 4 days in the previous week, only 43% (43%) of secondary pupils said the same. There were gender differences with the boys being more active than the girls and with the decline in physical activity of the girls being greater than that of the boys. Percentages of pupils reporting that they exercised hard at least four times in the previous week are: **Primary boys 62% (58%) and girls 50% (49%); secondary boys 55% (55%) and girls 30% (31%).**



Sleeping patterns

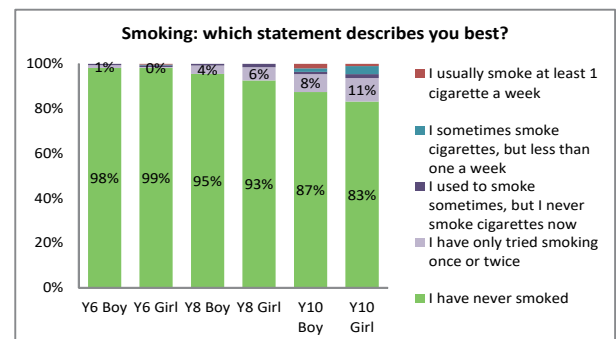
- 79% (79%) of Year 6 pupils reported having '8 or more' hours of sleep the night before the survey, whilst 52% (58%) of Year 8 pupils and 38% (40%) of Year 10 pupils said the same.



SMOKING

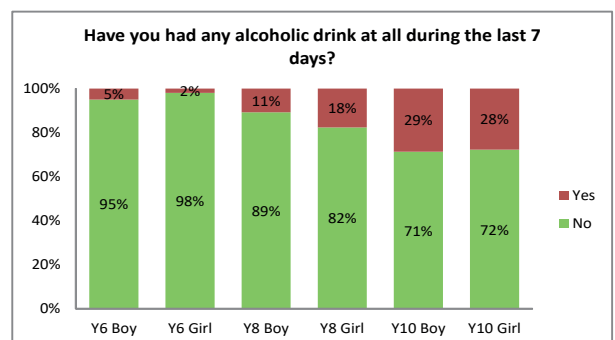
Never smoked

- 98% (98%) of Year 6 pupils said that they had 'never smoked at all'. 93% (96%) of Year 8 and 85% (83%) of Year 10 pupils said the same.



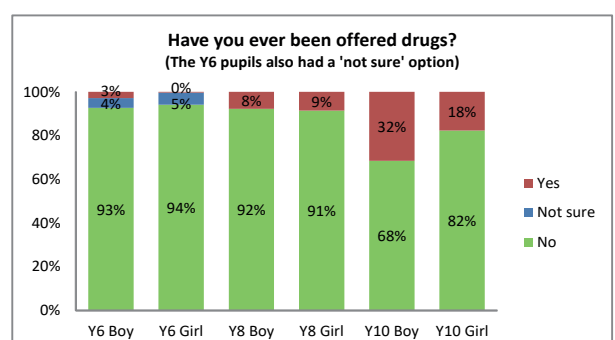
DRINKING

- 3% (3%) of the Year 6 pupils reported having an alcoholic drink in the week before the survey. 14% (13%) of Year 8 pupils and 29% (35%) of Year 10 pupils said they had drunk alcohol in the week before the survey.



ILLEGAL DRUGS

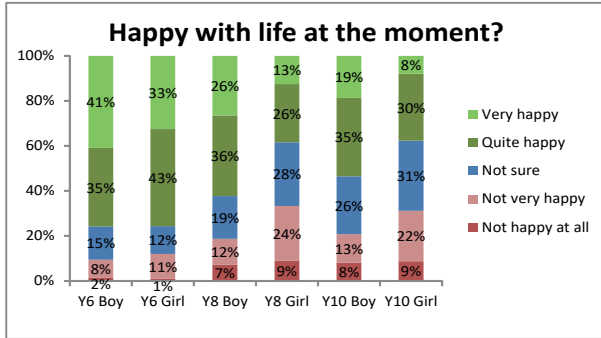
- 2% (2%) of Year 6 pupils, 8% (10%) of Year 8 pupils and 25% (27%) of Year 10 pupils reported that they had been offered drugs.



EMOTIONAL HEALTH & WELLBEING

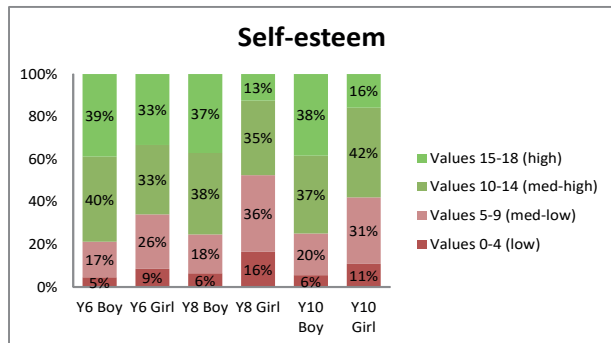
Happiness

- 75% (71%) of Year 6 pupils reported feeling 'quite' or 'very happy', 51% (50%) of Year 8 pupils and 45% (38%) of Year 10 pupils reported similarly.



Self-esteem

- The percentages of pupils recording a 'high' composite self-esteem score are as follows: Y6B 39% (42%) Y6G 33% (26%); Y8B 37% (40%) Y8G 13% (18%); Y10B 38% (41%) and Y10G 16% (14%).

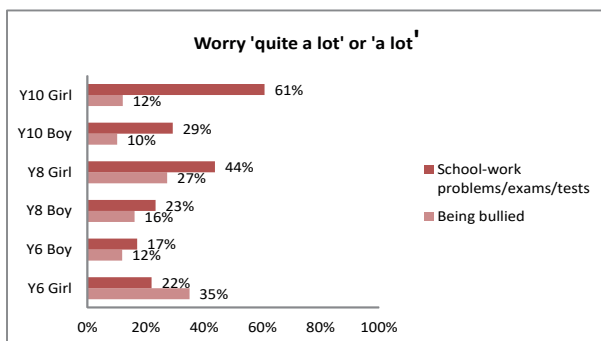


- A clear gender difference is apparent with fewer girls recording 'high' levels of self-esteem compared with boys. Year 8 girls record the lowest levels of self-esteem in the chart above.

Worries

Levels of worry about bullying usually **decreases** across the age range but in 2023 the highest level is seen in Year 8:

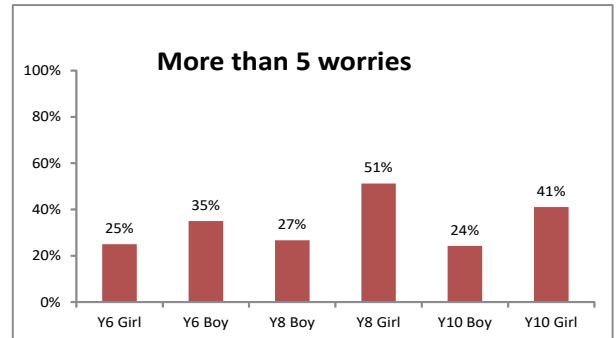
- 17% (21%) of Year 6 pupils worried 'quite a lot' or 'a lot' about being bullied; 22% (19%) of Year 8 pupils and 12% (13%) of Year 10 pupils reported the same.



Levels of worry about other issues **increase** across the age range:

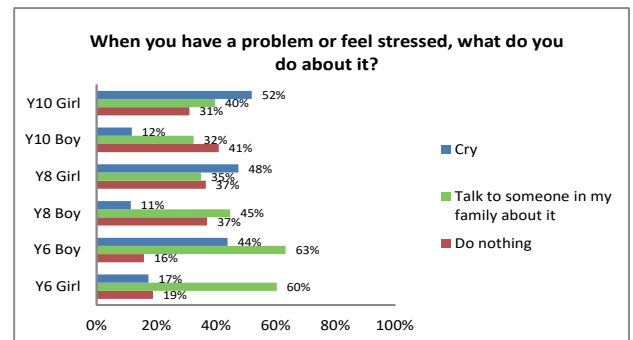
- 25% (31%) of Year 6 pupils worried 'quite a lot' or 'a lot' about school-work problems/exams/tests; 34% (40%) of Year 8 pupils and 45% (54%) of Year 10 pupils reported the same.

- 32% (33%) of Year 6 pupils worried 'quite a lot' or 'a lot' about 'the way they look'; 36% (37%) of Year 8 pupils and 38% (44%) of Year 10 pupils reported the same.
- 25% (26%) of Year 6 pupils worried 'quite a lot' or 'a lot' about 'feeling sad or upset a lot of the time'; 33% (32%) of Year 8 pupils and 33% (38%) of Year 10 pupils reported the same.
- The worry score for girls is increasing across the age range. These are percentages of pupils responding they worry 'quite a lot' or 'a lot' about more than five of the issues presented: 35% (39%) of Year 6 girls, 51% (47%) of Year 8 girls and 41% (51%) of Year 10 girls. Interestingly, the worry score for boys is much lower - 24% (25%) of Year 10 boys reporting they worried 'quite a lot' or 'a lot' about more than five of the issues presented.



Problem solving

- 61% (59%) of Year 6 pupils reported that they would 'talk to someone in their family' when they have a problem or feel stressed; 40% (41%) of Year 8 pupils and 35% (37%) of Year 10 pupils said the same.



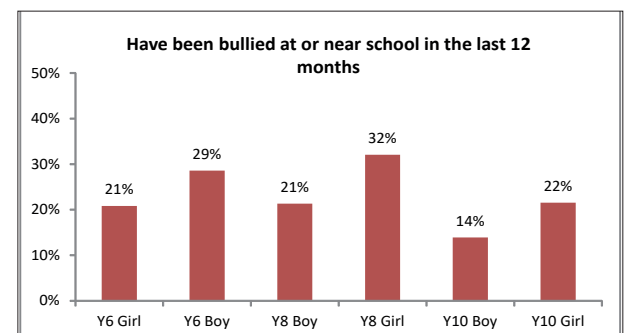
- The proportion of pupils saying they would 'do nothing' is highest this year in Year 8: 18% (17%) of Year 6 pupils, 37% (29%) of Year 8 pupils and 36% (37%) of Year 10 pupils.

Resilience

- 52% (54%) of primary pupils recorded a medium-high or high measure of resilience compared with 25% (29%) of secondary pupils.

Bullying

- 25% (26%) of Year 6 pupils said that they have been bullied at or near school in the past 12 months. 27% (19%) of Year 8 pupils and 18% (17%) of Year 10 pupils said the same.



The Way Forward – over to you

This work was funded by public health in Leicestershire.

We are grateful to the teachers, schools, and young people for their time and contributions to this survey. As a result of their work we have excellent data to be used by all key agencies that support the health needs of young people in Leicestershire. The information gathered from this survey will be used by school, public health, Leicestershire Council and local health services to compare adolescent health behaviour to national statistics, prioritising areas of action to develop evidence based programmes, interventions and services.

The findings will be shared with a range of multi-agency partnerships focusing on children and young people including the Health and Wellbeing Board and the Starting Well Delivery Board. The report will also be shared with Headteachers, School Nurses, Elected Members and other providers supporting young people. The data will be used by these groups to assess effectiveness of current provision, highlighting any unmet need or gaps in provision, with a view to inform service review and delivery. The results of the survey will also be used to further enhance our Healthy Settings work with schools, so that we can address inequalities, promote inclusion and encourage participation, by providing accessible services and equipping young people with the skills to make informed decisions.

Our thanks go to the staff and pupils who took part in the survey:

PRIMARIES

Beacon Academy
Broom Leys School
Farndon Fields Primary School
Griffydam Primary School
Hemington Primary School
Hugglescote Community Primary School
Ibstock Junior School
Leicester Grammar School Trust
Millfield L.E.A.D. Academy
Moir Primary School
Newcroft Primary Academy
Oxley Primary School Shepshed
Seagrave Village Primary School
Sheepy Magna CE Primary School
The Latimer Primary School
The Meadow Community Primary School
The Pastures Primary School
Thorpe Acre Junior School
Ullesthorpe CE Primary School
Worthington School

SECONDARIES

Ashby School
Bosworth Academy
Limehurst Academy
The Cedars Academy
The Martin High School Anstey
Welland Park Academy
Wigston Academy

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