

CHILDREN AND YOUNG PEOPLE SURVEY 2023

SHEU : Schools Health Education Unit

2023 find out more about YOUR PUPILS' HEALTH AND WELLBEING

*Our College would like to be part of the SHEU survey this academic year!
We did it in previous years and found it incredibly informative and it helped us shape our PSHE provision. Assistant Principal - Key Stage 4 and Designated Safeguarding Lead*

Take part to help target planning

The SHEU survey is a tool for schools to use which provides data that can inform curriculum content, evidence for Ofsted, methods of lesson delivery, empower schools to better meet the needs of their pupils.

What's in the Survey? <http://sheu.org.uk>

The questionnaire contains items that can be divided into themes:

At Home : Being Healthy : Physical Activity : Alcohol, Smoking and other Drugs : Safety including Bullying : Internet : Enjoying and Achieving : Emotional Health and Wellbeing : Relationships and Sexual Health [Secondary - Primary 'Growing up']

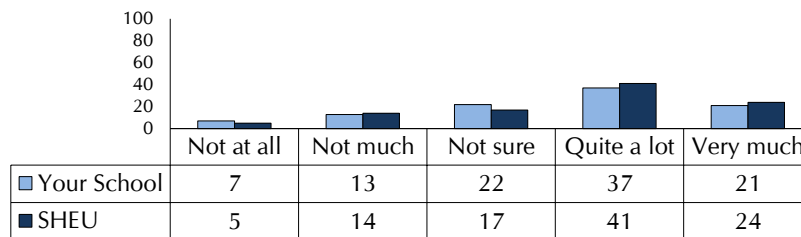
Example of online results @ www.schoolsurveys.co.uk

SECONDARY

Example of online results and chart from comparative report:

72. How much do you enjoy physical activities?					
	Year 8		Year 10		Total %
	Male %	Female %	Male %	Female %	
Not at all	5	6	4	9	6
A little	14	30	15	34	23
Quite a lot	26	35	28	33	31
A lot	55	29	53	23	40
Valid Responses (Count)	1540	1459	1481	1385	5865

How satisfied with your life are you at the moment?



Each school will receive reports comparing their pupils with the wider SHEU results

"The SHEU survey has a major impact on our SDP, PHSE curriculum, Ofsted outcomes and Governor understanding ... As a result of taking part and using the evidence provided we were able to offer more support for students which had a direct impact on improved attendance and outcomes."
Deputy Head Secondary School

"Our primary school has used the data from SHEU questionnaires. Responses from our Year 4 cohort caused us concern, so we put in place a number of team building, motivational projects. We then assessed their effectiveness by requesting the SHEU survey for these pupils as Year 5's."
Primary School Learning Mentor

Have you registered your school or college to take part?

PUPIL VOICE

The online survey is aimed at Year 4, Year 6, Year 8, Year 10 and Year 12 students. If you would like to survey additional year groups (5, 7, 9, 11) you can do so without additional cost
Survey is completed during school time (within an hour session).

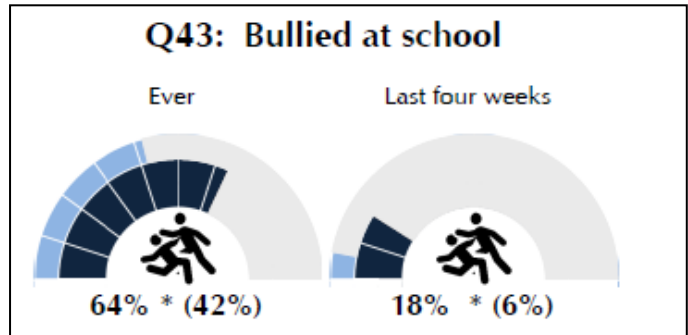
Repeat surveys provide the school with valuable information about the changing nature of the student population and evidence of impact regarding interventions or curriculum changes.

Potential for comparisons within groups:

Self-harm vs. Never self-harmed (secondary)

Feel unsafe at playtime (primary)

Q42: Top 5 worries			
	Self-Harmed	Not Self-Harmed	
The way they look	85%	44%	
Exams and tests	73%	63%	
Their mental health	69%	28%	
Problems with friends	63%	35%	
Their physical health	60%	35%	



- 61% of secondary students who weren't happy with life had low self-esteem compared with 11% of students who said they were happy with life at the moment
- 56% of secondary students who weren't happy with life were afraid of going to school because of bullying at least 'sometimes' compared with 22% of students who said they were happy with life
- 28% of secondary students who weren't happy with life said they were overweight compared with 9% of students who said they were happy with life
- 54% of secondary students who weren't happy with life worry about family problems compared with 18% of students who said they were happy with life

NO COST TO YOUR SCHOOL

"The survey was impressive. Useful information, quick results, easy to understand graphs, the breakdown of information was presented well. It's very rare to be able to compare data with that of other schools. There are clear benchmarks we can compare our kids to. It was very, very useful. The school used the data and took a number of actions to address it, including peer mentoring, Extended Schools, running an anti-bullying group, and work around developing aspirations, role-models and self-esteem. It also confirmed positive aims of the school, e.g. that pupils feel bullying is taken seriously and is acted upon." Deputy Head Secondary School

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To register for your school survey <http://sheu.org.uk/register> or if you have any questions please email: angela.balding@sheu.org.uk