

RSHE SUPPORT PROGRAMME FOR PRIMARY AND SECONDARY SCHOOLS IN LEICESTERSHIRE

Brook has been commissioned by Leicestershire County Council to deliver a tiered RSHE support programme for primary and secondary schools in Leicestershire. This localised, tailored and free support programme aims to enhance delivery of statutory RSHE, in line with DfE guidance and will equip Leicestershire's teachers and school staff, across primary and secondary schools, to implement a whole school approach, give individuals the skills/confidence to deliver an RSHE programme that is fit for purpose and respond to the needs of Leicestershire's young people's lived experiences.

Brook is the UK's leading sexual health and wellbeing charity for young people and for over 55 years, we have supported, educated and empowered young people to make informed decisions about their sexual health and wellbeing.

Delivery of the programme be undertaken by a team of Brook Education & Wellbeing Specialists, who are highly skilled, knowledgeable and experienced in delivering RSHE and PSHE to young people as well as teachers and professionals. Many have professional teaching qualifications, and all are qualified to a minimum Level 3 in Education & Training.

If you have any queries, enquiries or questions please
get in touch with us at:

LEICESTERSHIREEDUCATION@BROOK.ORG.UK



NEEDS ASSESSMENT

We are conducting an online needs assessment to help us understand the specific concerns and challenges faced by Leicestershire schools in the implementation a whole school approach to delivering quality RSHE.

The needs assessment is aligned to Brook's Quality Self-Assessment framework (Brook Quality is framed against the DfE Guidance, challenging schools to think about their needs in 5 key areas: Policy, People & Practice, Curriculum, Partnership & YP). Feedback from the needs assessment will enable us to gain insight into schools' knowledge, skills and confidence in key areas, including understanding of RSHE topics, parent/carer engagement, high-risk behaviours and quality of networking/signposting to local services and will help us to prioritise the content and topics to be covered in the webinars, training and Q & A sessions. We will respond to each school/individual following a needs assessment response to promote the training offer and/or give advice/signposting to other services.

The short assessment will take 10 minutes to complete and can be completed on a school or individual teacher basis. Please [click here](#) to complete the needs assessment.

RSHE OPEN ACCESS WEBINARS:

We will deliver a series of 6 Webinars, aimed at RSHE Leads and classroom teachers with overarching themes of how to deliver effective RSHE, how to implement a whole school approach and how to build a spiral curriculum.

Delivered by a Brook Education Specialist, each webinar will last approx. 60 minutes. These will be delivered live via Brook's digital platform and will include interactive chat functions, polls, further needs analysis opportunities and safeguarding/signposting information.

General introduction to Relationships and Sexual Health Education

- [Tuesday 2 March](#)

Introduction to Relationships and Sexual Health Education Primary

- [Wednesday 10 March](#)

Introduction to Relationships and Sexual Health Education Secondary

- [Tuesday 16 March](#)

TRAINING SESSIONS

We will provide a diverse range of bespoke training sessions via Brook Learn Live, Brook's live digital training offer which will be delivered by a Brook Education Specialist. All sessions will be interactive, providing space for breakout sessions, facilitated group discussion and opportunities to practice new approaches. Each session will last for 3-4 hours and cover key topics, knowledge and strategies for effective RSHE delivery.

Gender & Sexuality Training:

- [Wednesday 17 March](#)
- [Tuesday 23 March](#)

LIVE TEACHER Q&A SESSIONS

We will facilitate an interactive series of live sessions to support roll out of RSHE in schools, offering expert advice to real-time challenges. Every session promotes Brook's professional ethos of providing a safe space where there are no 'stupid questions' and will provide opportunities for Brook Specialists to support teachers to explore complex issues, worries and fears around teaching RSHE. These sessions will also provide an opportunity for inter-school collaboration, networking and the sharing best practice.

Managing Difficult & Sensitive Issues

- [Monday 8 March](#)

Creating Safe Learning Spaces

- [Friday 12 March](#)

Working with Parents and Carers

- [Monday 15 March](#)

Policy Writing

- [Wednesday 24 March](#)